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Subject: Comment Received from Public Access
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Application Reference No. : HPK/2024/0110

Site Address: Swan Hotel Buxton Road New Mills Derbyshire SK22 3JS High Peak

Comments by: Perdita Jones

From:

16

Goyt View

New Mills

High Peak

SK22 3LR

Phone:

Email:

Submission: Support

Comments: I am writing in support of planning application HPK/2024/0110. I am a local resident (Goyt View, Newtown) and have been a member of Fitness in Mind's gym since August 2023. Attending regular sessions at the gym has had a hugely positive impact on my mental health. I have also noticed a big improvement in terms of my strength, flexibility and overall physical health. I've really enjoyed the recent addition of the astro turf - it provides a safe space to exercise outdoors. There are very few facilities within walking distance of my house, and so having this gym on my doorstep - and not having to get in the car again - has been really great. The gym is such a friendly, welcoming and inclusive space. It's been so lovely to find a community of like-minded people - everyone is really supportive of each other, and I can't think of any other gyms in the local area which offer the same kind of positive, mental health focused environment.

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