

ARDEN HOUSE MEDICAL PRACTICE

15/17 New Mills Road, Hayfield, High Peak, SK22 2JG

Tel: 0844 4994470 Fax: 0844 4994471

GREEN TRAVEL PLAN

The surgery will not be increasing its patient list as a result of our building development/refurbishment, nor its staff numbers at this point, but nevertheless we are practising and recommending healthier travel options.

Staff

As there can be up to 11 staff in attendance at the surgery, some of those who live in New Mills now walk to work; some living in surrounding villages will use public transport if available and convenient for work times, car sharing with others coming into New Mills is also encouraged. We surveyed our members of staff to establish how they travelled to work and the results are below. Members of staff who drove either needed their car throughout the day for home visits or lived too far from work and didn't have reliable public transport for their working hours. We don't have facilities for cyclists as we don't have a shower available. Staff rarely start work at the same time so most staff travel individually to work

	Car	Bus	Walk	Cycle
Nurse	1 (SK17)	0	1(SK22)	0
Dr	3 (SK23 &SK22)	0		0
Admin	2 (SK23 & SK5)	0	2(SK22)	0
Reception	1(SK23)	0	1(SK22)	0

Patients

We actively encourage all able bodied patients to exercise and to walk or cycle to the surgery. Part of our health promotion involves advising patients as a matter of course on such actions.

Continuing inconvenient bus times from the surrounding villages into New Mills and with the distance from the nearest bus stop to the surgery around 500m, plus the

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surgery is at the top of a small steep hill, does necessitate some patients using cars or taxis rather than public transport. We do provide information regarding public transport to try and encourage patients and staff to use this as an alternative to driving.

Outcome

As things currently stand due to lack of public transport and the need to visit patients at home we are unable to make and dramatic changes in the way our staff travel to work, we do have members of staff who on occasional days car share and we actively encourage this.

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